



## Dr. Linda Golden—Stay Informed about Oral Health

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Last month we discussed bacteria caused by bacteria trapped by root canal this month let's focus on all bacteria. Good bacteria and bad bacteria two distinct bacteria found in our bodies. Bacteria are Present in the mouth and teeth at all times, even in teeth that have never had a cavity or other Trauma. Research studies performed in the 1930s and 1940s and those conducted in later years showed a relationship between the presences of endodontically treated teeth and the presence of illness in immunocompromised patients

There is no way for a doctor to predict with 100% accuracy how any one patient will respond to a root canal and a correlation exists between the presence of endodontically treated teeth and illness in immune-compromised patients with poorly treated root canals, genetic issues and more.

Endodontic treatment with biocompatible medicaments and therapies help patients optimize the health of their mouths. These natural therapies do not cause harm to the healthy supporting tissue and have been show to help eliminate harmful bacteria.

In order to reach a conclusion about whether or not to proceed with endodontic treatment, it is critical that patients make an informed decision using the best possible information available.

An informed consumer is equipped with the tools they need to make the best decisions for their health care needs. When facing important oral health decisions, patients are encouraged to do research to help them in their decision-making process. Some useful websites include IAOMT.com, DentalWellness4U.com and HolisticDental.com.

