## **Good Advice**

## A Gentler Dental Technology

by Linda J. Golden, DDS



Tooth enamel is the hardest material in the human body, dentists have traditionally used drills to remove decay. The traditional drill

works with friction, which causes heat and triggers pain. This necessitates injection with anesthetic and numb lips,

and opens the possibility for thermal damage. The drill also causes vibration and macrofractures that can allow bacteria to penetrate causing further decay.

Waterlase Dentistry is a more gentle method of fixing tooth decay.

Waterlase avoids the heat and vibration associated with conventional drills, often eliminating the need for shots of anesthesia making Waterlase Dentistry is a more gentle method of fixing tooth decay.

The Biolase Water MD uses a fine spray of water and laser light to create a reaction that has the effect of cutting hard substances such as your teeth. For many procedures, this can be done with little or no use of anesthetics. The use of this laser technology in dentistry helps limit the amount of tooth structure that needs to be removed to eliminate decay.

The Waterlase can be used for decay removal, cavity preparation, root canal, bone procedures, recontouring (reshaping) of

> "gummy" smiles, general soft tissue procedures, and general dentistry.

> The Waterlase provides pinpoint accuracy, effectively performing procedures without damaging

any surrounding tissue. The Waterlase has proven to be quite effective for many soft-tissue (gum) procedures.

We're proud to add this innovative technology to our roster of new dental technologies at our holistic dental practice.

For more information, contact Golden Dental Wellness at 516-627-8400. www. goldensmile.com.

## September·2013 LongislandWoman