

Mercury Removal – The Ultimate Detox

by Linda Golden, DDS

Manhasset, NY

Removing mercury dental fillings is a powerful and necessary step for dentists dedicated to protecting the health and vitality of their patients. Although mercury fillings are comprised of approximately 30% silver, unfortunately, the remaining 70% is mercury. In 1988, dental amalgams received a toxic classification by the Environmental Protection Agency (EPA) who mandated they and their byproducts be handled in accordance with the laws governing hazardous waste.

You can't see, taste, or smell mercury but when its vapor is released via brushing, chewing, eating, or grinding teeth, it can be inhaled into your lungs and passed into the cellular structure of the organs and intestines, compromising the health of the brain, tissues, and nervous system.

Biocompatible composite fillings are a healthy and affordable alternative to mercury amalgams. They are also natural looking, metal free and durable. The International Academy of Oral Medicine and Toxicology (www.iaomt.org) established guidelines for minimizing mercury exposure during the removal of amalgam fillings. It is important to choose a practitioner who is knowledgeable and skilled in following them.



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